

# JFS Healthy Aging Bereavement Support Group



*Sharing our story of loss with others who are experiencing a similar situation can diminish feelings of isolation and strengthen our ability to cope with the loss of a loved one.*

**For more information contact**

**Malka Young, LICSW [myoung@jfsmw.org](mailto:myoung@jfsmw.org)  
508-875-3100 X180**

DATE: Mondays (except legal holidays)  
TIME: 1:00pm – 2:15pm  
LOCATION: Community Meeting Room  
Shillman House  
49 Edmands Road Framingham

